

2015 Liberty Mountain 5k Trail Race
 Camp Hydaway, Lynchburg, VA
 March 26, 2015 6:00PM

Place	Name	Bib	Age	S	City	St	1.5 Mile	Gun	Chip	Pace
1	Dakota Pellman	380	24	M	Forest	VA	10:55.53	21:10.66	21:10.65	6:49
2	Jonathan Houck	342	22	M	Williamsport	PA	10:59.72	21:10.74	21:10.73	6:49
3	Brent Mayne	359	20	M	York	PA	10:54.68	21:32.34	21:28.80	6:55
4	John Davenport	316	18	M	Lynchburg	VA	11:06.26	21:38.69	21:36.00	6:58
5	John Showalter	385	22	M	Lynchburg	VA	11:59.46	23:50.63	23:47.18	7:40
6	Daniel Wernig	400	22	M	Delta	PA	12:02.42	24:04.52	24:04.51	7:45
7	Darrell Wargo	399	46	M	Lynchburg	VA	12:13.38	24:24.38	24:23.85	7:52
8	Noah Lynch	354	22	M	Lynchburg	VA	12:48.80	25:13.74	25:12.65	8:07
9	Devante Lewis	351	22	M	Lynchburg	VA	12:46.99	25:16.21	25:13.12	8:08
10	Jinwoong Kim	346	22	M	Lynchburg	VA	12:50.85	25:39.18	25:39.17	8:16
11	Jarrold Stillings	388	28	M	Lynchburg	VA	13:00.79	25:57.72	25:56.58	8:22
12	Lee Beaumont	403	46	M	Lynchburg	VA	13:15.38	25:59.93	25:57.06	8:22
13	Regan Holley	341	19	M	Lynchburg	VA	12:54.02	26:07.59	26:03.41	8:24
14	Dustin Hinkle	340	25	M	Forest	VA	13:20.26	26:22.28	26:12.55	8:27
15	Jessica Heidebrink	336	18	F	Bloomington	IL	13:19.90	26:31.31	26:31.30	8:33
16	Joel Field	321	21	M	Roanoke	VA	13:51.29	27:20.69	27:18.32	8:48
17	Michael Merholz	360	45	M	Lynchburg	VA	14:02.13	27:26.25	27:24.61	8:50
18	Matthew Conner	313	32	M	Forest	VA	14:06.74	27:49.74	27:40.79	8:55
19	Jesus Reinel Castan	307	60	M	LYNCHBURG	VA	14:10.94	27:49.90	27:47.88	8:57
20	Amanda Addington	301	18	F	manassas	VA	14:28.19	28:24.79	28:22.67	9:09
21	Jamerson Bryant	306	29	M	Appomattox	VA	15:12.11	29:06.61	28:55.82	9:19
22	Amanda Velez	397	24	F	Lynchburg	VA	15:19.54	29:45.31	29:41.23	9:34
23	Alfonse Cestaro	402	41	M	Appomattox	VA	15:13.43	29:54.78	29:51.47	9:37
24	Craig Dixon	319	38	M	Spout Spring	VA	15:30.26	30:03.54	30:00.62	9:40
25	Rachel Walters	398	21	F	Lynchburg	VA	15:22.06	30:10.98	30:08.54	9:43
26	Chad Mather	357	39	M	Lynchburg	VA	15:23.32	30:11.55	30:08.38	9:43
27	James Cockerham	311	12	M	Monroe	VA	14:29.13	30:44.13	30:44.12	9:54
28	Brent Dewsnap	318	27	M	Lynchburg	VA	15:15.27	30:50.61	30:43.84	9:54
29	Lauren Lebien	406	21	F	Lynchburg	VA	15:29.69	30:56.90	30:53.64	9:57
30	I Chun Lin	352	21	M	Lynchburg	VA	15:33.40	31:49.17	31:43.83	10:13
31	Evan Hall	333	22	M	Lynchburg	VA	15:53.80	32:02.31	31:57.47	10:18
32	Amanda Mast	356	12	F	Lynchburg	VA	16:36.92	32:17.68	32:16.31	10:24
33	Brandi Chamberlin	308	34	F	Lynchburg	VA	16:24.44	32:24.23	32:16.51	10:24
34	Bill Hutter	405	62	M	Lynchburg	VA	16:08.36	32:50.03	32:46.23	10:33
35	Heath Cockerham	310	42	M	Monroe	VA	17:28.69	34:19.88	34:12.22	11:01

36	Katie Harshman	334	28	F	Wingina	VA	16:57.92	34:32.14	34:27.92	11:06
37	Elaine Maddy	355	46	F	Rustburg	VA	17:37.49	34:34.50	34:28.15	11:06
38	Ben Bailey	303	25	M	Lynchburg	VA	16:59.23	34:47.87	34:39.80	11:10
39	Paige Conner	314	51	F	Callands	VA	18:30.55	36:06.90	36:04.10	11:37
40	Adam Lumpkins	353	27	M	Chatham	VA	18:30.73	36:06.98	36:04.82	11:37
41	Brent Olsen	377	24	M	Benedict	MD	18:15.29	36:20.34	36:19.05	11:42
42	Lazarus Frejosky	327	15	M	Lynchburg	VA	18:10.14	37:21.93	37:10.93	11:59
43	Joshua Frejosky	326	40	M	Lynchburg	VA	18:10.18	37:22.02	37:11.10	11:59
44	Gene Brown	305	49	M	Lynchburg	VA	19:59.52	37:45.92	37:37.57	12:07
45	Jean Turner	396	45	F	Amherst	VA	19:42.66	37:57.02	37:49.86	12:11
46	Keila Overcast	378	20	F	Lynchburg	VA	19:54.67	38:27.80	38:26.29	12:23
47	Haley Gazarek	328	19	F	Lambertville	MI	19:54.95	38:27.85	38:26.33	12:23
48	Adam Tovar	391	18	M	Delafield	WI	16:31.32	38:34.19	38:27.91	12:23
49	Kitt Tovar	392	22	F	Delafield	WI	19:59.57	38:42.00	38:36.04	12:26
50	Troy Henson	337	34	M	Lynchburg	VA	22:03.80	42:01.21	41:51.28	13:29
51	Ashleigh Hall	332	22	F	Lynchburg	VA	22:33.79	42:13.71	42:09.26	13:35
52	Anthony Kryszewicz	348	29	M	Madison heights	VA	22:08.14	42:58.18	42:48.64	13:47
53	Ban-Souk Kim	345	29	M	Lynchburg	VA	21:58.38	43:36.92	43:26.59	13:59
54	Suhyun Lee	350	26	F	Lynchburg	VA	22:00.63	43:37.38	43:27.35	14:00
55	Drew Taylor	389	28	M	Lynchburg	VA	22:25.63	43:54.57	43:47.99	14:06
56	Lucy Maude	358	22	F	Lynchburg	VA	26:38.63	43:57.13	43:44.84	14:05
57	Sarah Snyder	387	23	F	Lynchburg	VA	26:38.58	43:57.16	43:44.97	14:05
58	Rey Tovar	395	12	M	Delafield	WI	25:13.54	47:48.49	47:42.59	15:22
59	Laura Tovar	393	21	F	Forest	VA	25:31.75	47:53.39	47:48.28	15:24
60	Pam Tovar	394	54	F	Delafield	WI	25:31.59	47:53.43	47:48.02	15:24
61	Youya Shu	386	20	F	Lynchburg	VA	30:18.77	64:22.14	64:09.39	20:39
62	My Nguyen	375	21	F	Lynchburg	VA	30:18.41	64:22.59	64:09.63	20:40

2015 Liberty Mountain 5k Trail Race
Camp Hydaway, Lynchburg, VA
March 26, 2015 6:00PM

***** AWARDS LIST *****

***** MALE 5K RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
=====	=====	===	=====	==	=====	=====	=====
1	Dakota Pellman	24	Forest	VA	21:10.66	21:10.65	6:49
2	Jonathan Houck	22	Williamsport	PA	21:10.74	21:10.73	6:49
3	Brent Mayne	20	York	PA	21:32.34	21:28.80	6:55

***** FEMALE 5K RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
1	Jessica Heidebrink	18	Bloomington	IL	26:31.31	26:31.30	8:33
2	Amanda Addington	18	Manassas	VA	28:24.79	28:22.67	9:09
3	Amanda Velez	24	Lynchburg	VA	29:45.31	29:41.23	9:34

***** MALE MASTERSK RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
1	Darrell Wargo	46	Lynchburg	VA	24:24.38	24:23.85	7:52

***** FEMALE MASTERSK RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
1	Elaine Maddy	46	Rustburg	VA	34:34.50	34:28.15	11:06

MALE AGE GROUP: 1 - 13

1	28 James Cockerham	12	Monroe	VA	30:45	30:45
2	58 Rey Tovar	12	Delafield	WI	47:49	47:43

FEMALE AGE GROUP: 1 - 13

1	32 Amanda Mast	12	Lynchburg	VA	32:18	32:17
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MALE AGE GROUP: 14 - 19

1	4 John Davenport	18	Lynchburg	VA	21:39	21:36
2	13 Regan Holley	19	Lynchburg	VA	26:08	26:04
3	42 Lazarus Frejosky	15	Lynchburg	VA	37:22	37:11
4	48 Adam Tovar	18	Delafield	WI	38:35	38:28

FEMALE AGE GROUP: 14 - 19

1	47 Haley Gazarek	19	Lambertville MI		38:28	38:27
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MALE AGE GROUP: 20 - 29

1	5 John Showalter	22	Lynchburg	VA	23:51	23:48
2	6 Daniel Wernig	22	Delta	PA	24:05	24:05
3	8 Noah Lynch	22	Lynchburg	VA	25:14	25:13
4	9 Devante Lewis	22	Lynchburg	VA	25:17	25:14
5	10 Jinwoong Kim	22	Lynchburg	VA	25:40	25:40
6	11 Jarrod Stillings	28	Lynchburg	VA	25:58	25:57
7	14 Dustin Hinkle	25	Forest	VA	26:23	26:13

8	16 Joel Field	21 Roanoke	VA	27:21	27:19
9	21 Jamerson Bryant	29 Appomattox	VA	29:07	28:56
10	27 Brent Dewsnap	27 Lynchburg	VA	30:51	30:44
11	30 I Chun Lin	21 Lynchburg	VA	31:50	31:44
12	31 Evan Hall	22 Lynchburg	VA	32:03	31:58
13	38 Ben Bailey	25 Lynchburg	VA	34:48	34:40
14	40 Adam Lumpkins	27 Chatham	VA	36:07	36:05
15	41 Brent Olsen	24 Benedict	MD	36:21	36:20
16	52 Anthony Krysiwicz	29 Madison heig	VA	42:59	42:49
17	53 Ban-Souk Kim	29 Lynchburg	VA	43:37	43:27
18	57 Drew Taylor	28 Lynchburg	VA	43:55	43:48

FEMALE AGE GROUP: 20 - 29

1	26 Rachel Walters	21 Lynchburg	VA	30:11	30:09
2	29 Lauren Lebien	21 Lynchburg	VA	30:57	30:54
3	36 Katie Harshman	28 Wingina	VA	34:33	34:28
4	46 Keila Overcast	20 Lynchburg	VA	38:28	38:27
5	49 Kitt Tovar	22 Delafield	WI	38:42	38:37
6	51 Ashleigh Hall	22 Lynchburg	VA	42:14	42:10
7	54 Suhyun Lee	26 Lynchburg	VA	43:38	43:28
8	55 Lucy Maude	22 Lynchburg	VA	43:58	43:45
9	56 Sarah Snyder	23 Lynchburg	VA	43:58	43:45
10	60 Laura Tovar	21 Forest	VA	47:54	47:49
11	61 Youya Shu	20 Lynchburg	VA	1:04:23	1:04:10
12	62 My Nguyen	21 Lynchburg	VA	1:04:23	1:04:10

MALE AGE GROUP: 30 - 39

1	18 Matthew Conner	32 Forest	VA	27:50	27:41
2	24 Craig Dixon	38 Spout Spring	VA	30:04	30:01
3	25 Chad Mather	39 Lynchburg	VA	30:12	30:09
4	50 Troy Henson	34 Lynchburg	VA	42:02	41:52

FEMALE AGE GROUP: 30 - 39

1	33 Brandi Chamberlin	34 Lynchburg	VA	32:25	32:17
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MALE AGE GROUP: 40 - 49

1	12 Lee Beaumont	46 Lynchburg	VA	26:00	25:58
2	17 Michael Merholz	45 Lynchburg	VA	27:27	27:25
3	23 Alfonse Cestaro	41 Appomattox	VA	29:55	29:52
4	35 Heath Cockerham	42 Monroe	VA	34:20	34:13
5	43 Joshua Frejosky	40 Lynchburg	VA	37:23	37:12
6	44 Gene Brown	49 Lynchburg	VA	37:46	37:38

FEMALE AGE GROUP: 40 - 49

1	45 Jean Turner	45 Amherst	VA	37:58	37:50
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MALE AGE GROUP: 50 - 59
NO FINISHERS

FEMALE AGE GROUP: 50 - 59

1	39 Paige Conner	51 Callands	VA	36:07	36:05
2	59 Pam Tovar	54 Delafield	WI	47:54	47:49

MALE AGE GROUP: 60 - 99

1	19 Jesus Reinel Castan	60 LYNCHBURG	VA	27:50	27:48
2	34 Bill Hutter	62 Lynchburg	VA	32:51	32:47

FEMALE AGE GROUP: 60 - 99
NO FINISHERS

EVENT TIMING/RESULTS: Riverside Runners, Inc. info@riversiderunner.com