

National Trails Day 5k
 High Bridge Trail State Park
 Farmville, VA June 4, 2016
 8:00 AM Start: 70 Degrees, Overcast, Humid

***** AWARDS LIST *****

***** MALE 5K RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Time	Pace
1	Skeeter Morris	28	Richmond	VA	18:02	5:50
2	Harry Caldwell	17	Pamplin	VA	18:54	6:06
3	Ryan Kiger	18	Pamplin	VA	19:41	6:21

***** FEMALE 5K RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Time	Pace
1	Melanie Stoltzfus	40	Farmville	VA	24:57	8:03
2	Sarah Porter	39	Dillwyn	VA	27:27	8:52
3	Lee Bidwell	53	Farmville	VA	27:32	8:53

MALE AGE GROUP: 1 - 10
 No Finishers

FEMALE AGE GROUP: 1 - 10

1	23 Elizabeth McElfresh	10	Farmville	VA	30:41	9:54
2	39 Zoey Newton	7	Dillwyn	VA	40:57	13:13

MALE AGE GROUP: 11 - 18

1	4 Jason Messarge	18	Farmville	VA	19:58	6:27
2	9 Trevor Dayton	14	Cumberland	VA	27:06	8:45

FEMALE AGE GROUP: 11 - 18

1	37 Emily Hafertepen	11	Farmville	VA	39:06	12:37
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MALE AGE GROUP: 19 - 29

1	5 Todd Gressick	29	Keysville	VA	23:29	7:35
2	22 Darrell Shumaker	19	Prospect	VA	30:13	9:45

FEMALE AGE GROUP: 19 - 29

1	14 Sophia Vilar	20	Richmond	VA	28:37	9:14
2	27 Sarah Messarge	20	Farmville	VA	31:27	10:09
3	29 Julia Walker	26	Farmville	VA	32:00	10:20
4	45 Torey Jackson	22	Williamsburg	VA	46:55	15:09
5	46 Charlotte Cave	22	Farmville	VA	46:56	15:09

MALE AGE GROUP: 30 - 39
 No Finishers

FEMALE AGE GROUP: 30 - 39

1	21 Marcie Dawson	35	Rustburg	VA	29:54	9:39
2	30 Hilary Thompson	35	Concord	VA	32:11	10:23
3	36 Amanda Foster	38	Keysville	VA	38:59	12:35
4	38 Shannon Hafertepen	37	Farmville	VA	39:19	12:41
5	40 Tasha Newton	36	Dillwyn	VA	41:48	13:30
6	42 Ingrid Sassi	31	Charlotte Court House	VA	42:04	13:35

MALE AGE GROUP: 40 - 49

1	8 Omar Delgado	44 Hopewell	VA	26:47	8:39
2	13 M Craig Dixon	40 Spout Spring	VA	27:46	8:58
3	15 Jeff Greene	44 Midlothian	VA	28:38	9:15
4	18 John Withers	44 Chester	VA	28:55	9:20
5	33 Cameron Cloud	44 Dillwyn	VA	33:56	10:57
6	34 Andrew Elder	43 Pamplin	VA	34:11	11:02

FEMALE AGE GROUP: 40 - 49

1	17 Emily French	41 Farmville	VA	28:48	9:18
2	26 Gina Caldwell	49 Pamplin	VA	31:07	10:03
3	32 Julie Ross	48 Farmville	VA	33:16	10:44
4	43 Heidi Schroeder	49 Hampton	VA	42:05	13:35
5	44 Bertha Fonseca	45 Hopewell	VA	43:03	13:54

MALE AGE GROUP: 50 - 59

1	11 Hussein Al-Shammaa	57 Farmville	VA	27:28	8:52
2	16 Henry Coates	54 Crewe	VA	28:42	9:16
3	31 Charles Ross	57 Farmville	VA	33:15	10:44
4	49 Mike Kiehl	57 Farmville	VA	52:56	17:05

FEMALE AGE GROUP: 50 - 59

1	20 Maureen Maiorano	52 Keysville	VA	29:03	9:23
2	24 Michele Corneau	51 Rice	VA	30:43	9:55
3	35 Dianne Davis	53 Forest	VA	35:01	11:18

MALE AGE GROUP: 60 - 99

1	7 Jimmy Gates	74 Rice	VA	26:11	8:27
2	19 James Microutsicos	70 Pamplin	VA	28:58	9:21
3	28 Robert Laine	62 Keysville	VA	31:28	10:10

FEMALE AGE GROUP: 60 - 99

1	25 Lou Norton	69 Richmond	VA	30:56	9:59
2	41 Regina Schwabe	66 Pamplin	VA	41:55	13:32
3	47 Karla Wilson	68 Farmville	VA	52:43	17:01
4	48 Jane Pesko	75 Farmville	VA	52:55	17:05

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Place	Name	City	St	Ag	Sex	Time	Pace
1	Skeeter Morris	Richmond	VA	28	M	18:02	5:50
2	Harry Caldwell	Pamplin	VA	17	M	18:54	6:06
3	Ryan Kiger	Pamplin	VA	18	M	19:41	6:21
4	Jason Messarge	Farmville	VA	18	M	19:58	6:27
5	Todd Gressick	Keysville	VA	29	M	23:29	7:35
6	Melanie Stoltzfus	Farmville	VA	40	F	24:57	8:03
7	Jimmy Gates	Rice	VA	74	M	26:11	8:27
8	Omar Delgado	Hopewell	VA	44	M	26:47	8:39
9	Trevor Dayton	Cumberland	VA	14	M	27:06	8:45
10	Sarah Porter	Dillwyn	VA	39	F	27:27	8:52
11	Hussein Al-Shammaa	Farmville	VA	57	M	27:28	8:52
12	Lee Bidwell	Farmville	VA	53	F	27:32	8:53
13	M Craig Dixon	Spout Spring	VA	40	M	27:46	8:58
14	Sophia Vilar	Richmond	VA	20	F	28:37	9:14
15	Jeff Greene	Midlothian	VA	44	M	28:38	9:15
16	Henry Coates	Crewe	VA	54	M	28:42	9:16
17	Emily French	Farmville	VA	41	F	28:48	9:18

18	John Withers	Chester	VA 44 M	28:55	9:20
19	James Microusticos	Pamplin	VA 70 M	28:58	9:21
20	Maureen Maiorano	Keysville	VA 52 F	29:03	9:23
21	Marcie Dawson	Rustburg	VA 35 F	29:54	9:39
22	Darrell Shumaker	Prospect	VA 19 M	30:13	9:45
23	Elizabeth McElfresh	Farmville	VA 10 F	30:41	9:54
24	Michele Corneau	Rice	VA 51 F	30:43	9:55
25	Lou Norton	Richmond	VA 69 F	30:56	9:59
26	Gina Caldwell	Pamplin	VA 49 F	31:07	10:03
27	Sarah Messarge	Farmville	VA 20 F	31:27	10:09
28	Robert Laine	Keysville	VA 62 M	31:28	10:10
29	Julia Walker	Farmville	VA 26 F	32:00	10:20
30	Hilary Thompson	Concord	VA 35 F	32:11	10:23
31	Charles Ross	Farmville	VA 57 M	33:15	10:44
32	Julie Ross	Farmville	VA 48 F	33:16	10:44
33	Cameron Cloud	Dillwyn	VA 44 M	33:56	10:57
34	Andrew Elder	Pamplin	VA 43 M	34:11	11:02
35	Dianne Davis	Forest	VA 53 F	35:01	11:18
36	Amanda Foster	Keysville	VA 38 F	38:59	12:35
37	Emily Hafertepen	Farmville	VA 11 F	39:06	12:37
38	Shannon Hafertepen	Farmville	VA 37 F	39:19	12:41
39	Zoey Newton	Dillwyn	VA 7 F	40:57	13:13
40	Tasha Newton	Dillwyn	VA 36 F	41:48	13:30
41	Regina Schwabe	Pamplin	VA 66 F	41:55	13:32
42	Ingrid Sassi	Charlotte Court Hous	VA 31 F	42:04	13:35
43	Heidi Schroeder	Hampton	VA 49 F	42:05	13:35
44	Bertha Fonseca	Hopewell	VA 45 F	43:03	13:54
45	Torey Jackson	Williamsburg	VA 22 F	46:55	15:09
46	Charlotte Cave	Farmville	VA 22 F	46:56	15:09
47	Karla Wilson	Farmville	VA 68 F	52:43	17:01
48	Jane Pesko	Farmville	VA 75 F	52:55	17:05
49	Mike Kiehl	Farmville	VA 57 M	52:56	17:05

Race Management & Results: Riverside Runners || info@riversiderunners.com